



Owner's Setup Guide User's Manual



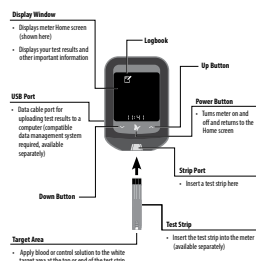
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1 FreeStyle Precision Neo At-A-Glance



2 Meter Symbols

Symbol	What It Means	Symbol	What It Means
	Lockbox		Connected to computer
	Meter ready for sample application		Setup mode
	Control solution result		Low blood glucose or pattern
	Control solution test		High blood glucose or pattern
	Low battery		

3 System Contents

Quantity	Item
1	FreeStyle Precision Neo Meter
2	Owner's Setup Guides
1	Carry Case
1	FreeStyle Lancing Device II
10	Lanets

4 Quick Start - Testing Your Blood Glucose

1. Wash and dry hands before and after testing.
Note: Check test strip expiration.
2. Insert strip.
3. Lance test site and apply blood.
4. View result.
For more information on how to perform a test, see Section 8, Testing Your Blood Glucose.

5 Intended Use

The FreeStyle Precision Neo Blood Glucose Monitoring System is for use outside the body only (in vitro diagnostic use) in the quantitative measurement of glucose in fresh whole blood for self-testing by lay users from the fingers. It is not intended to be used for testing neonatal blood samples or for the diagnosis or screening of diabetes.

The FreeStyle Precision Neo System is indicated for the home (lay) user in the management of patients with diabetes. It is intended to be used by a single person and should not be shared.

The FreeStyle Precision Neo Blood Glucose Test Strip is for use with the FreeStyle Precision Neo Blood Glucose Meter to quantitatively measure glucose (sugar) in fresh capillary whole blood samples drawn from the fingertips.

IMPORTANT:

- Use only FreeStyle Precision Neo blood glucose test strips. Other test strips may produce inaccurate results.
- See test strip instructions for use for more information about sample types.
- The meter and its accessories are for use by a single person. They must not be used on more than one person including other family members due to the risk of spreading infection. All parts of the meter and its accessories are considered biohazardous and can potentially transmit infectious disease, even after performing the cleaning and disinfection procedures.¹⁾
- If the meter is being operated by a second person who is providing testing assistance to the user, the meter and lancing device should be cleaned and disinfected prior to use by the second person.
- Read the instructions in this Owner's Setup Guide. Failure to follow instructions may cause inaccurate results. Practice the testing procedures before using the meter.
- Follow your healthcare professional's advice when testing blood glucose levels.
- Thoroughly clean when using around children. Small parts may constitute a choking hazard.
- This device should not be used to test critically ill patients.
- Not for use on patients who are dehydrated, hyperventilating, or black, or for individuals in hyperglycemic-hyperosmolar state, with or without ketosis.

We're here to help Monday through Friday, 8AM to 8PM Eastern Standard Time. If you have any questions about any of our FreeStyle products, please contact Customer Care toll-free at 1-800-927-3336.

6 Getting to Know Your Meter

- ### Turning Your Meter On and Off
- To turn your meter on:
- Press the **Up** or **Power** button.
 - Insert a strip.
- To turn your meter off:
- Press and hold the **Down** button for 3 seconds, or
 - Do nothing for 2 minutes.
- ### Checking Your Meter Screen Every Time You Turn It On
- Turn Off Screen**
- Your meter screen should be fully black when powered off. Each time you turn on your meter, a white start-up screen will appear.
- If you see any white segments in the black off screen, or any black segments in the white test screen, there may be a problem with the meter. Contact Customer Care.
- Note:** If the meter battery is low, the **LO** will appear in both the meter off screen and start-up test screen.
- Start-up Test Screen**

7 Setting Up the Meter

- To confirm that the date and time are set correctly, follow the steps below.
- ### Set Time
- Start with meter off (no test strip inserted).
 - Press **Up** to turn on the meter.
 - Press and hold the time (11:50) on the screen for 3 seconds until the screen changes.
 - Press **Up** to set the hour.
 - Press **Down** to set the minutes.

- Set Time format (12 hour or 24 hour clock).
 - Press **Up** or **Down** to change.
 - Press **Up** to continue.
 - Note:** Your meter can display either a 12h/12:20 PM or 24h/12:20 AM time format. If you prefer the 12h format, there is an "AM/PM" setting. A PM time continues to press **Up** until you see the "PM".
- Set Hour.
 - The hour blinks. Press **Up** or **Down** to set the hour.
 - Press **Up** to continue.
- Set Minutes.
 - The minutes blink. Press **Up** or **Down** to set the minutes.
 - Press **Up** to continue.

8 Testing Your Blood Glucose

- IMPORTANT:**
- Only use a FreeStyle Precision Neo test strip once.
 - Read the test strip instructions for use before performing your first blood glucose test. It contains important information and will tell you how to store and handle the test strips.
 - The meter and its accessories are for use by a single person. They must not be used on more than one person including other family members due to the risk of spreading infection. All parts of the meter and its accessories are considered biohazardous and can potentially transmit infectious disease, even after performing the cleaning and disinfection procedures.¹⁾
 - Do not put cream on the test strip.
 - Refer to the lancing device insert for detailed instructions on how to use the FreeStyle Lancing Device II.
 - Do not re-use lancets due to risk of infection. Not suitable for re-sterilization.
 - New lancets can be obtained at a retail pharmacy.
- ### Preparing to Test
- Wash your hands with soap and warm water.
 - Rinse and dry thoroughly.
 - Do not use lotion or cream on the test site.
 - Check test strip expiration.
 - Do not use expired test strips; they may cause inaccurate results.

9 Understanding Blood Glucose Test Results

- The meter displays blood glucose results in mg/dL. The unit of measurement is preset. You cannot change this setting.
- IMPORTANT:** The meter displays results from 20 - 500 mg/dL. Low or high blood glucose results can indicate a potentially serious medical condition.
- The expected glucose range for a non-diabetic, non-pregnant fasting adult is under 100 mg/dL. Two hours after meals, levels should be less than 140 mg/dL. Consult your healthcare professional to determine the range that is appropriate for you.
- | If You See ... | What It Means | What To Do |
|----------------|---|---|
| LO | Seven low blood glucose (lower than 20 mg/dL) or There may be a problem with the test strip. | Repeat the test with a new test strip. If the result is LO, contact your healthcare professional immediately. |
| HI | Seven high blood glucose (higher than 500 mg/dL) or There may be a problem with the test strip. | Repeat the test with a new test strip. If the result is HI, contact your healthcare professional immediately. |
- Note:** If you see the error messages E-1 or E-4, consult the Error Messages section in this Owner's Setup Guide.
- IMPORTANT:** Contact your healthcare professional if you have symptoms that do not match your test results, and you have followed the instructions in this Owner's Setup Guide.

10 Understanding the Hypo | Hyperglycemic Trend Indicators

- The hypo/hyperglycemic trend indicators help you understand patterns in your blood glucose readings. These trend indicators can show low and high blood glucose patterns. When the arrows are solid, this indicates that the blood glucose reading just taken is either low or high. When the arrows are blinking, it indicates that a pattern of either lows or highs has developed.
- When you first use your meter, the hypo/hyperglycemic trend indicators will be turned on. The hypo/hyperglycemic trend indicator targets to initially set to 70 mg/dL and the hyperglycemic trend indicator targets to initially set to 240 mg/dL. The trend indicator targets can be changed or the indicators can be turned off as recommended by your healthcare professional.
- Every time you check your blood glucose level, the FreeStyle Precision Neo meter searches for patterns that have developed in your blood glucose levels over the past five days. If a pattern of low blood glucose readings is detected, the down arrow will blink. If a pattern of high blood glucose readings is detected, the up arrow will blink. Trend indicators provide information from your past results and can help you identify when you are recurring lows and highs at specific times of day. Before making changes to your diabetes management plan always consult your healthcare professional.

If You See ...	What It Means	What To Do
	Appears when result is lower than 70 mg/dL or the low target recommended by your healthcare professional.	Follow your healthcare professional's advice to treat low blood glucose.
	Appears when result is higher than 240 mg/dL or the high target recommended by your healthcare professional.	Follow your healthcare professional's advice to treat high blood glucose.

Low Blood Glucose Results

A pattern of low glucose has developed. If 2 low results occur within the past 5 days AND both are within the same 1-hour time period, the meter will display a blinking .

High Blood Glucose Results

A pattern of high glucose has developed. If 3 high results occur within the past 5 days AND all are within the same 3-hour time period, the meter will display a blinking .

Changing Hypo/Hyperglycemic Trend Indicator Targets

- To change the hypo/hyperglycemic trend indicator targets, follow the steps below. The hypo/hyperglycemic and hyperglycemic targets should be set according to your healthcare professional's instructions.
- Note:** If you change your trend indicator targets, the meter will use the new ranges to determine patterns.
- Press **Up** to turn meter on.
 - Press and hold both **Up** and **Down** buttons at the same time for 4 seconds until the screen changes.

- Press **Up** or **Down** to set hypo/hyperglycemic trend indicator target. The hypo/hyperglycemic trend indicator target can be set between 60 mg/dL and 150 mg/dL.
 - Note:** will appear if the hypo/hyperglycemic trend indicator is turned off.
 - Press **Up** to continue.
- Press **Up** or **Down** to set hyperglycemic trend indicator target. The hyperglycemic trend indicator target can be set between 140 mg/dL and 350 mg/dL.
 - Note:** will appear if the hyperglycemic trend indicator is turned off.
 - Press **Up** to save settings.

Turning Off Hypo/Hyperglycemic Trend Indicators

- When hypo/hyperglycemic trend indicators are turned off, you will no longer see the or on the meter. To turn trend indicators, follow the steps below.
- Note:** Trend indicators can be turned on independently.
- Press **Up** to turn meter on. Press and hold both **Up** and **Down** at the same time until the screen changes. (Refer to "Changing Hypo/Hyperglycemic Trend Indicator Targets" section).
 - Press **Up** or **Down** until or appears. When or appears, the hypo/hyperglycemic trend indicator is turned off. Press **Up** to continue.
 - Press **Up** or **Down** until or appears. When or appears, the hyperglycemic trend indicator is turned off. Press **Up** to save settings.
 - Press and hold the **Power** button for 3 seconds to turn meter off.
- ### Turning On Hypo/Hyperglycemic Trend Indicators
- When hypo/hyperglycemic trend indicators are turned on, the or will appear when you have low or high blood glucose results or patterns. To turn on trend indicators, follow the steps below.
- Note:** Trend indicators can be turned on independently.
- Press **Up** to turn meter on. Press and hold both **Up** and **Down** at the same time until the screen changes. (Refer to "Changing Hypo/Hyperglycemic Trend Indicator Targets" section).
 - Press **Up** or **Down** to turn on the hypo/hyperglycemic trend indicator and to set the indicator target.
 - Press **Up** or **Down** to turn on the hyperglycemic trend indicator and to set the indicator target. Press **Up** to save settings.

